

# MARTIAL ARTS



I INVITE YOU TO WATCH

# Martial Arts

## Vocabulary

dodge - unik  
fast counter-attack - szybki atak  
takedown - obalenie  
low kick - kopnięcie (od kolana do biodra)  
punch - uderzenie  
boxing gloves - rękawice bokserskie  
right hook - prawy sierpowy

## Kung - Fu Wushu

Sanshou



Taolu



## Capoeira



## Irish martial arts

# *Kung - Fu Wushu*

*Sanshou*



*Taolu*



# *Sanshou*



# *Taolu*



# Capoeira



THANK YOU FOR YOUR ATTENTION  
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